

HERBAL BODY OIL WARMING & INVIGORATING

Be energised with this tropical blend of invigorating natural plant oils. The Gentle Birth Project™ Post Natal Body Oil gently nourishes, hydrates and softens the skin.

DIRECTIONS FOR USE: Apply 6 drops of the oil on the stomach and spread evenly.

**MADE IN MALAYSIA
WITH IMPORTED INGREDIENTS**

Contains: Glycine soja oil, Prunus amygdalus dulcis oil, Sorbitan trioleate, Limonene, Citrus paradisi peel oil, Citrus aurantifolia oil, Triticum aestivum germ oil, Simmondsia chinensis seed oil, Rosa eglanteria seed oil, Tocopherol, Citrus limon peel oil, Cymbopogon flexuosus oil, Cupressus sempervirens oil, Litsea cubeba fruit oil, Zingiber officinale root extract, Ascorbyl palmitate, Citral*, Linalool*, Geraniol*, Citronellol**

Caution: For External Use Only. Keep away from eyes. Discontinue use if irritation occurs.

100ml / 3.38 fl.oz



HERBAL TEA LEMONGRASS, GINGER & PANDAN



Lemongrass has been used for centuries for its many beneficial properties and light citrus scent. Enjoy the extra flavour and aroma sensations of Lemongrass Tea blended with Ginger and Pandan.

The added goodness of warming and soothing Ginger and combined with fragrant Pandan creates a richly exotic and balanced 100% caffeine free herbal beverage.

BREWING METHOD: For a pot of tea, add 2 tablespoons of herbal tea to boiling water and steep 3-5 minutes.

For a cup, add 1 teaspoon.

MADE IN MALAYSIA

Ingredients: 60% Lemongrass (Cymbopogon citratus), 30% Ginger (Zingiber officinale), 10% Pandan (Pandanus amaryllifolius)



POST NATAL HERBAL COMPRESS - RELAXING AND RELIEVING



Traditional Herbal Compress Massage Ball commonly used to help with blood circulation, help soothe sore muscles and promote general health, while recovering after delivery.

PRECAUTIONS: Majority of the ingredients used naturally retain heat. The unique blend of herbs possesses anti-inflammatory properties too, but be careful to not place steaming hot compress over the skin and avoid burning.

**MADE IN MALAYSIA
WITH IMPORTED INGREDIENTS**

Ingredients: Zingiber cassumunar root powder, Curcuma longa (tumeric) root powder, Cymbopogon nardus (citronella) oil, Cryptolepis buchanani powder, Citrus hystrix (kaffir lime) leaf powder, Tamarindus indica leaf powder, Acacia concinna leaf powder, Curcuma aromatica root (zedoraria) powder, Cinnamomum camphora leaf oil, Alpinia galanga (Galangal) Swartz, Powder, Borneol

150GM/5.29oz



POST NATAL HERBAL BATH/STEAM BATH - HEALING AND SOOTHING



Traditionally used in a steam bath or bath, the herb sachet is created using tropical botanicals believed to help regain energy, dispel wind, get rid of odours from lochia and discharge, treat sore veins and overall well-being.

DIRECTIONS FOR USE: Generally, herbal bath can be prepared daily as early as the first week. Place sachet in a hot pot of water and pour into a basin to soak in.

MADE IN MALAYSIA WITH IMPORTED INGREDIENTS

Ingredients: Zingiber cassumunar root powder, Curcuma longa (turmeric) root powder, Cymbopogon nardus (citronella) oil, Cryptolepis buchanani powder, Citrus hystrix (kaffir lime) leaf powder, Tamarindus indica leaf powder, Acacia concinna leaf powder, Curcuma aromatica root (zedoraria) powder, Cinnamomum camphora leaf oil, Alpinia galanga (Galangal) Swartz, Powder, Borneol

100gm / 3.52oz

HERBAL SOAP EXFOLIATING & STIMULATING

This Herbal exfoliating soap stimulates and purifies your skin with natural exfoliating turmeric, ginger and a host of spice from the Borneo forest.

Replacing the traditional skin toning herbal paste often used before the traditional binding, your skin will feel revived, purified and energized when used daily.

DIRECTIONS FOR USE:

Moisten soap with water and rub soap directly on the body especially in the stomach area to increase circulation.

MADE IN MALAYSIA - WITH NATURAL INGREDIENTS

Ingredients: Sodium Palmate, Sodium Palm Kernelate, Aqua, Glycerin, Lulur Scrub, Tropical Spice Essential Oil Blend, Palm acid, Sodium Chloride, Palm Kernel Acid, Tetrasodium EDTA, Tetrasodium Etidronate (HEDP).

100g/3.52oz

